



STATERA

Integrated Health & Wellness Solutions

Katherine Gansen, ARNP

***Board-Certified Family
Nurse Practitioner***

Katherine's philosophy of care centers on a collaborative, personalized approach. Drawing on her experience in diverse settings, she works one-on-one with patients to find effective ways to improve their mental health.

- Anxiety
- Depression
- Bipolar
- Mood Disorders
- ADHD
- Memory Difficulty
- Integrated Healthcare
- Personalized Care
- Medication

At Statera, we offer traditional medicine, holistic healing, fitness, and nutrition services to support your whole-person health and wellness—mind, body, and spirit. Our multidisciplinary team collaborates to provide individualized care tailored to your unique needs and goals.



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Katherine Gansen, ARNP



Katherine Gansen is a board-certified family nurse practitioner. She received her Bachelor of Science in Nursing from Clarke University in 2005 and her Master of Science in Nursing in 2008. She has worked in the medical field for nearly 20 years in a variety of settings. Since 2008, her experience as a nurse practitioner has included outpatient, inpatient, and nursing home care.

I enjoy providing holistic care to my patients. My approach involves collaborating across therapies and specialties to create a multifocused plan that supports the best possible outcome for each patient. It is deeply rewarding to witness improvements in patients' lives through this integrative care model. My background is diverse and multifaceted, with experience in both medical care and behavioral health for individuals of all ages and needs. This allows me to provide a comprehensive assessment of mental health concerns.



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