



STATERA

Integrated Health & Wellness Solutions

Brie Tauber, PT, DPT, C-PS **Physical Therapist**

Brie's philosophy of care focuses on empowering individuals to achieve their functional goals through personalized, evidence-based interventions that enhance movement, promote active participation, and support long-term wellness.

- Muscle Strains
- Ligament Sprains
- Joint & Spinal Deficits
- Hypo-mobility & Instability
- Vertigo
- Sports Injuries
- Jaw/TMJ
- Dry Needling
- Astym
- Upper Extremity Conditions

At Statera, we offer traditional medicine, holistic healing, fitness, and nutrition services to support your whole-person health and wellness—mind, body, and spirit. Our multidisciplinary team collaborates to provide individualized care tailored to your unique needs and goals.



3375 Lake Ridge Drive, Dubuque, Iowa, 52003

Website: stateraintegrated.com

Phone: 563-207-8932

Email: admin@stateraintegrated.com

Brie Tauber, PT, DPT, C-PS



Brie Tauber is a physical therapist who aims to help and inspire individuals to achieve their functional goals through rehabilitative, proactive, preventative, or performance-based interventions. She has worked in the outpatient physical therapy setting, gaining experience in skillfully treating orthopedic conditions, with a background in adult neurological and some pediatric neurological conditions. Brie has also become a Champion-Performance Specialist. Along with enhancing athletes' performance, she helps optimize individuals' function by utilizing interventions such as manual therapy, Astym, cupping, and dry needling

My goal as a physical therapist is to help people become more active participants in their everyday lives. By helping people problem-solve to improve their previous and current levels of function, I can better align physical therapy interventions toward their personal goals, which fosters healthy participation in the activities we care about most.

I studied Biology at Clarke University and earned my Doctorate of Physical Therapy in 2021. I enjoy spending time with friends and family, playing recreational sports, going on new adventures, and am an avid Chicago Cubs fan. I look forward to continuing to serve and meet members of the community!



Statera Integrated Health & Wellness Solutions
3375 Lake Ridge Drive ~ Dubuque, IA, 52003
stateraintegrated.com ~ 563-207-8932