



STATERA

Integrated Health & Wellness Solutions

**Macy McGrane, DNP,
ARNP, FNP-BC**
*Board-Certified Family
Nurse Practitioner*

Macy McGrane's philosophy of care centers on individualized, holistic healthcare that blends traditional and complementary medicine through collaborative partnerships to support well-being at every stage of life.

- Family Healthcare
- Well-Child Care
- Women's Health
- Health Optimization
- Perimenopause/Menopause
Hormone Support

At Statera, we offer traditional medicine, holistic healing, fitness, and nutrition services to support your whole-person health and wellness—mind, body, and spirit. Our multidisciplinary team collaborates to provide individualized care tailored to your unique needs and goals.



3375 Lake Ridge Drive, Dubuque, Iowa, 52003

Website: stateraintegrated.com

Phone: 563-207-8932

Email: admin@stateraintegrated.com

Macy McGrane, DNP, ARNP, FNP-BC



Macy McGrane is a board-certified family nurse practitioner who believes in providing holistic healthcare. She received her Bachelor of Science in Nursing from Grand View University and her Doctorate in Nursing Practice from Clarke University.

As a healthcare provider, my approach is centered on individualized, holistic care to promote overall well-being. I value collaboration with my patients to develop customized plans that align with their needs and preferences. I aim to enhance health at every stage of life, utilizing both traditional and complementary medicine.

In my free time, I enjoy being with my growing family and friends. We are active members of our church and love spending time outdoors hiking, camping, and exploring life's new adventures together.



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