



STATERA

Integrated Health & Wellness Solutions

Amy Mcfadden, PT, Cert. DN
*Physical Therapist,
Certified Dry Needling*

Amy's philosophy of care focuses on using hands-on skills, functional exercise, and education to help patients achieve their rehabilitation goals and enhance their quality of life.

- Orthopedic Therapy
- Wound Care
- Sports Injuries
- Post Operative Rehabilitation
- Amputations/Prosthetics
- Gait and Balance
- Dry Needling
- Graston
- Myofascial Restrictions
- Amputee Support

At Statera, we offer traditional medicine, holistic healing, fitness, and nutrition services to support your whole-person health and wellness—mind, body, and spirit. Our multidisciplinary team collaborates to provide individualized care tailored to your unique needs and goals.



3375 Lake Ridge Drive, Dubuque, Iowa, 52003

Website: stateraintegrated.com

Phone: 563-207-8932

Email: admin@stateraintegrated.com

Amy Mcfadden, PT, Cert. DN



Amy Mcfadden is a physical therapist who is passionate and dedicated to improving people's quality of life through manual therapy, dry needling, exercise, and education.

She received her Bachelor of Science in Kinesiology from Texas Woman's University and earned her Master of Physical Therapy from the University of Iowa in 2003. Since graduating, Amy has gained extensive experience in both acute inpatient and outpatient settings, where she has rehabilitated individuals with orthopedic injuries and pain, strokes, amputations, and other neuromuscular conditions. She also held a wound care certification for 10 years from the American Board of Wound Management.

An integral part of my practice is the use of hands-on skills, functional exercise, and education to help restore function, reduce pain, and enable people to achieve their rehabilitation goals. I enjoy taking on new challenges, thinking outside the box, and being creative in finding solutions to my patients' functional challenges.

In my free time, I enjoy spending time with my husband and two children, traveling, crafting with friends, being outdoors, and leading the No-Limb-Its Amputee Support Group for individuals living with limb loss.



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